



SALTMARSH
HALL

Lunch Menu

CLASSIC GREEK SALAD -

CLASSIC COMBINATION OF GREEN BELL PEPPERS, TOMATOES, CUCUMBER, RED ONION, OLIVES, AND FETA CHEESE WITH SIMPLE GREEK DRESSING, FINISHED WITH OREGANO, CRACKED BLACK PEPPER AND FRESH MINT.

CAESAR SALAD -

JUICY CHICKEN BREAST ON A BED OF ROMANO LETTUCE, SOURDOUGH CROUTONS, FRESHLY GRATED PARMESAN, PUNCH ANCHOVIES, GARLIC DRESSING AND SUN BLUSHED TOMATOES.

CAJUN SALMON SALAD -

SHREDDED KALE, SOAKED IN JUICY OLIVE OIL WITH HONEY, LIME AND DIJON MUSTARD DRESSING, CARROT, THIN SLICED RED PEPPER, PUMPKIN SEEDS, DRIED CRANBERRIES, FINISHED WITH FRESH CORIANDER.

CLASSIC CLUB SANDWICH -

LOCALLY SOURCED CHICKEN, SMOKED BACON, SLICED BEEF TOMATO, CRUNCHY PICKLED GHERKIN, FRIED EGG, MAYO, SERVED WITH STRING FRIES AND HOUSE SALAD.

CAJUN CHICKEN CIABATTA -

ROMANO LETTUCE, SLICED TOMATO, GARLIC MAYO AND OLIVES, SERVED WITH CAJUN FRIES, AND HOUSE SALAD.

MED VEG FOCACCIA -

JUICY MEDITERRANEAN SALAD WITH FRESH HERBS, GOATS' CHEESE, RED BELL PEPPER COULIS, WILD ROCKET, SERVED WITH SALTED CRUNCHY TENDERSTEM BROCCOLI.

RAVIOLI -

DELICIOUS RICH RICOTTA RAVIOLI WITH BUTTERNUT SQUASH, TOASTED PUMPKIN SEEDS, CRISPY KALE, AND HERB OIL.

SANDWICHES SELECTION:

ON WHITE, BROWN OR GLUTEN FREE BREAD

CHOICE OF:

ROAST SLICED GAMMON, MUSTARD MAYO, CUCUMBER, MIXED LEAF

RED LEISTER CHEESE, WITH HOMEMADE TOMATO CHUTNEY AND MIXED LEAF

EGG MAYO WITH SPRING ONIONS AND CRUNCHY LETTUCE

MEDITERRANEAN VEGETABLE, RED PEPPER HOUMOUS, WILD ROCKET.

ALL SERVED WITH STRING FRIES AND HOUSE SALAD.

SAMPLE MENU.

Some of our dishes are adaptable to dietary requirements. Please make us aware of all allergies and requirements upon booking.